

Cooper Center Calendar - MARCH 2010

	A	B	C	D	E	F
1	GROUP NAME	CONTACT NAME	PHONE	REGULAR DAY OF THE WEEK	TIMES	NOTES
2	Aloha International	Serge King	985-8880	1st Sunday	7-8:30p	
3	Belly Dance	Sophia Petersen	756-6007	Every Monday	6-7; 7-8p	
4	Buddhist Study Group	Akira Yamamoto	967-7462	3rd Monday-Bkstore or mainroom	10-11a	
5	CC Garage Sale	Theresa Brule	985-8736	3rd Saturday	8a-noon	
6	Chorus	Lila Flood	985-9109	Every Friday	2:30-4:00p	
7	CODA	Cheryl Hoover	985-9601	1st,2nd 4th & 5th if any in Tues./Bookstr.	6:30-7:30p	
8	CODA	Cheryl Hoover	985-9601	3rd Tuesday in Kitchen	6:30-7:30p	
9	Cooking Class	Donna Stickel	985-7140	various Sunday afternoons		none in March
10	Cooper Center Council	Linda Ugalde	936-9705	Usually last Wed of every other mo	7pm	March 24th
11	Coquisadores	Tim Tunison	967-8151	none in winter months		no winter months
12	Friends Feeding Friends	Donna Stickel	985-7140	Every Thursday	4-6p	
13	Gentle Yoga	Debra Serao	985-7545	Every Wednesday	10-11:30a	
14	Gentle Yoga	Debra Serao	985-7545	Every Friday	8-9a	
15	Iyengar Yoga	Aziani Ismail	985-9266	Every Wednesdays	6:15-7:30p	
16	Iyengar Yoga	Aziani Ismail	985-9266	Last Wed ever other mo pau early	6:15 to 7:00	Only March 24th
17	Keep it Simple	Tom McGough	967-7783	Every Saturday	6-8p	
18	Lomi Lomi	Manono Beamer	936-0607	1st Saturday of each month	10a-4p	Starting in April
19	Movie Night	Mary Brewer	985-9595	2nd & 4th Friday Nights	7:00p	
20	N. Wtch RHE/OE	Alex Machado	985-7078	3rd Tuesday Main Room	6:30p	
21	N. Watch V V	Kendall Shapless	985-7027	3rd Tuesday Bookstore	6:30p	
22	PremRauat Fdn	Nancy Paul	968-6354	as needed		
23	Royal Hawn. Estates Assn	Ter Depuy	967-6575	as needed		
24	Sit to be Fit & VP CCC	Betsy Mitchell	967-7209	Tuesday & Saturday	8:30-9:15a	
25	Step Aerobics	Lisa Magno	985-7136	Monday and Friday	5-6p	
26	Stretch & Tone	Theresa Brule	985-8736	Monday and Thursday	8-9a	
27	Tai Chi	Hannha Hedrick	968-7013	Wednesdays	5-6p	
28	Teen Group	Noel Bobilin	985-9893	1st Friday	7-9p	
29	Volcano Comm Assn	tbd		Last Tuesday every month	7pm	
30	Volcano Health Collaborative	Sandy Behenna	985-7408	Last Sunday during Farmers Mkt.	7:00-9:00a	
31	Volcano Keiki Playgroup	Jen Wilson	985-7519	Every Friday	10a-noon	
32	Volcano Neighbors of CC	Kendall Shapless	985-7027	Monday before each CC meeting	6:30-7p	
33	Volcano Quilters	Irene Tye	985-7353	1st & 3rd Wednesday/bookstore	6:30-8:30p	
34	Volcano Rotary BOD	Linda Jane Irwin		Last Monday/ bookstore	4-5:30p	
35	Volcano Senior Citizens	Bev Shiflet	985-9115	Every Thursday	9a-noon	
36	Volcano Seniors Rec Night	Bev Shiflet	985-9115	3rd Friday	7-9p	
37	Yoga/Meditation	Rob Kennedy	985-9151	1st, 2nd, 4th & 5th Tuesday if applicable	5:30-7p	
38	Yoga/Meditation	Rob Kennedy	985-9151	3rd Tuesday	5:30 6:30p	
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40	SPECIAL EVENTS-SEE NEWSLETTER					
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